

# FREEBORN COUNTY RESOURCES

## HEALTHCARE

**EMERGENCY** **911**

**Non-Emergency Number** **507-377-5205 ext. 5**

**Minnesota Resource Website**

[Minnesota Aging & Disability Resources](#)

**Healthcare Services**

[Albert Lea VA Outpatient Clinic](#) 507-379-5530  
[Big Stone Physical/ Occupational Therapies](#) 507-552-0022  
[Freeborn County Human Services](#) 507-377-5400  
[Freeborn County Public Health](#) 507-377-5100  
[Hearing Associates](#) 888-760-2032  
[Mayo Clinic Health System](#) 507-373-2384  
[Mayo Clinic Physical/Occupational Therapy](#) 507-668-2900  
[Mayo Clinic Nurse Line Triage](#) 800-628-2538  
[Mason City Clinic- Medical Specialists](#) 800-622-1411  
[Mercy One Durable Medical Supply](#) 507-320-7905  
[Minnesota Care](#) 800-657-3672  
[MN Children with Special Health Needs](#) 800-728-5420  
[Open Door Health Center – Dental Services](#) 507-388-2120  
[Patient’s Choice Wellness Clinic](#) 507-821-1051  
[Salvation Army](#) 507-373-8776  
[Senior Center](#) 507-373-0704  
[Minnesota Aging Pathways](#) 800-333-2433

**AIDS-HIV Testing**

[AIDS Minnesota Hotline](#) 612-373-2437

**Birth Control**

[MN Family Planning/ VD Hotline](#) 800-783-2287  
[Open Door Health Center](#) 507-388-2120  
[Planned Parenthood](#) 507-373-5288

**Pregnancy Counseling**

[Catholic Charities Information Line](#) 800-222-5859  
[Lutheran Social Services](#) 800-582-5260  
[New Horizons Adoption Agency](#) 800-314-3370  
[Pregnancy Hotline](#) 800-848-5683

## HEALTHCARE (cont.)

**Social Services**

[Freeborn County Dept. of Human Services](#) 507-377-5400  
[Independent Management Services](#) 507-396-4477  
[Lutheran Social Services of MN](#) 800-582-5260  
[MN211](#) 211  
[United Way of Freeborn County](#) 507-373-8670  
[Welcome Center \(Austin\)](#) 507-437-8330

**Disability Services**

[Albert Lea Area Schools](#) 507-379-4800  
[Cedar Valley- Alpha Program](#) 507-373-6064  
[Cedar Valley Services](#) 507-377-2893  
[Crest Services](#) 507-373-0188  
[Disability Hub MN](#) 866-333-2466  
[Freeborn County Human Services](#) 507-377-5400  
[Life Center Freeborn County](#) 507-377-3469

## TRANSPORTATION

**Transportation Services**

[Albert Lea Bus Company](#) 507-373-1467  
[AmVAn Mobility Van](#) 800-963-7233  
[FairRyde](#) 612-806-2646  
[Grace Transportation](#) 507-369-5370  
[Greyhound Bus Stop](#) 800-231-2222  
[Lea Taxi](#) 507- 318-6323  
[SMART Transit](#) 855-762-7821  
[Vern’s Ride Service](#) 507-320-8690

**License Center**

[Freeborn County License Center](#) 507-377-5126

## MENTAL HEALTH

**EMERGENCY** **911**

**SUICIDE HOTLINE** **988**

**Professional Services**

[Abigail Goskesn, LICSW](#) 507-383-6872  
[Albert Lea VA Clinic](#) 507-379-5532  
[Arukah Christian Counseling](#) 507-402-6934  
[Behavioral Health Services](#) 507-377-6406  
[Catholic Charities](#) 507-377-3664  
[Cedar House](#) 507-377-8506  
[Ellie Wiemerslage Essential Psychology](#) 507-383-2560  
[Fernbrook Family Center](#) 507-446-0431  
[Freeborn County Dept. of Human Services](#) 507-377-5400  
[Freeborn County Mental Health Center](#) 507- 377-5440  
[Horizon Homes](#)

[South Central Crisis Line](#) 877-399-3040  
[Independent Management Services](#) 507-396-4477  
[Lutheran Social Services of MN](#) 800-582-5260  
[Mason City Clinic- Psychiatric](#) 800-622-1411  
[Mayo Clinic Health System](#) 507-377-2384  
[Mayo Clinic Social Services](#) 507-284-2131  
[Nexus Gerard Academy](#) 507-433-1843  
[Pathways to Healing](#) 507-688-4004  
[Sandy Anderson Consulting & Coaching](#) 507-440-2390  
[Stacy Brown Wellness Counseling Studio](#) 507-478-7480  
[Stellar Wellness, Tara Jenö](#) 507- 203-2761  
[Tim Lang- Southern MN Psyc. Services](#) 507-438-3062  
[Water Street Psychology](#) 507-377-1719

**Support Groups**

[AA Groups in Albert Lea](#) 507-565-6891  
[Circle of Parents](#) 507-383-8842  
[Memory Café](#) 507-373-3938  
[Minnesota Warmline](#) 855-927-6546  
[Next Step Club House](#) 507-373-6938  
[Parenting Resource Center](#)  
[Parent Warm Line](#) 888-584-2204  

- *Spanish* 507-437-8330
- *Karen* 1-877-434-9528